Innovative Management of the Thoracic Spine:
Maximizing Outcomes in Fewer Visits

Emory Orthopedic Physical Therapy Residency Program
Jeff Ryg, PT, DPT, OCS, CSCS, FAAOMPT
August 15, 2017
8:00 AM – 5:30 PM
7.5 Continuing Education Hours (.75 CEU)

Course Description and Objectives

This 1-day, case based course is designed to improve your effectiveness in the clinic with managing patients with thoracic spine and rib cage diagnoses. Participants will learn the most up to date evidence regarding differential diagnoses, examination, and intervention techniques. The majority of course time and emphasis will be placed on the lab sessions to improve efficiency and outcomes in the clinic. Participants will learn unique and effective manual therapy and exercise interventions for the region based on sound clinical reasoning through case based learned and pattern recognition.

Upon completion of this course, participants will be able to:
1. Report best practice evidence based evaluation and treatment techniques during case study discussion and lab sessions.
2. Perform differential diagnosis of thoracic and rib cage symptoms during lab sessions and case studies.
3. Describe and accurately perform special tests will know and clinically meaningful diagnostic utility during lab sessions.
4. Given the most current evidence, design a treatment plan and perform interventions for patients with thoracic and rib cage symptoms during lab sessions and case studies.
5. Perform manual therapy and exercise interventions based on case presentations during lab sessions.

Instructor Biography

Jeff Ryg, PT DPT, OCS, CSCS, FAAOMPT
Jeff started his career working with Division I athletes at the University of Iowa and has since moved on to a career of treating patients with a variety of orthopaedic and sports related injuries, from the amateur athlete to the professional. He received his degree in Athletic Training from the University of Iowa and a Masters in Exercise Physiology from the University of Georgia. After graduating from Emory University with a Doctorate in Physical Therapy, he spent time working in Indianapolis and Atlanta before settling in Boulder, Colorado to open his private practice, Mend. Jeff’s signature treatment style is one that combines orthopaedic manual therapy with a focused approach on patient goals as they may be addressed by applying the best available medical and rehabilitation evidence to treatment. Jeff is continually inspired by patients who face huge obstacles during their recovery but successfully return to their active lifestyles following treatment. Jeff is a member of the American Physical Therapy Association (APTA) and previously served as a member of the legislative committee and district chair in Indiana and Georgia APTA chapters. He was honored with the Emerging Leader Award from the APTA in 2012, which is an award presented to professionals who are up-and-coming within the profession of physical therapy. Jeff is also a Fellow of the American Association of Orthopaedic
Manual Physical Therapists. His professional interests include advancing the profession of physical therapy by promoting early access to therapy services for patients with musculoskeletal conditions. Outside of the office, Jeff enjoys spending time with his family, reading and enjoying the outdoors through cycling, swimming, mountain biking, hiking and camping.

## Course Schedule

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>7:30-8:00 AM</td>
<td>Registration and Pre Test</td>
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<tr>
<td>8:00-9:00</td>
<td>Introduction and Differential Diagnosis of Thoracic and Rib Cage Pain</td>
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<tr>
<td>9:00-10:00</td>
<td>Subjective Exam: The Foundation for Accurate Diagnosis and Clinical Efficiency</td>
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<tr>
<td>10:00-10:15</td>
<td>Break</td>
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<tr>
<td>10:15-11:00</td>
<td>Objective Exam: Case Based Clinical Reasoning and Recognition of Common Clinical Patterns</td>
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<tr>
<td>11:00-12:00</td>
<td>Manual Therapy Interventions – Thoracic Spine</td>
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<td>12:00-1:00</td>
<td>Lunch (on your own)</td>
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<tr>
<td>1:00-2:00</td>
<td>Manual Therapy Interventions – Thoracic Spine Continued</td>
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<tr>
<td>2:00-3:00</td>
<td>Manual Therapy Interventions – Rib Cage</td>
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<tr>
<td>3:00-3:15</td>
<td>Break</td>
</tr>
<tr>
<td>3:15-4:00</td>
<td>Using Exercise to Augment Manual Therapy and Treat Common Clinical Patterns</td>
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<tr>
<td>4:00-5:00</td>
<td>Management of Common Conditions</td>
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<tr>
<td>5:00-5:30PM</td>
<td>Q&amp;A and Post Test</td>
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## Registration and Payment

- Registration fees include instruction, course materials and snacks. Meals are on your own.

- In order to assure your security, our registration and payment systems are kept separate. In your email registration confirmation, you will receive detailed payment instructions.

- Cash and checks, payable to Emory University," must be received in our office within 10 business days of your registration, or your spot within the course will be forfeited.

- **Tuition and Fees**
  - Emory (Select) Employee: $200.00
  - Emory DPT CI (2011-2016) or Alum: $200.00
  - Unaffiliated PT: $245.00
  - *If you also register & pay for the August 2017 “Dx & Mngt of TMJ/Cervical” and/or “Shoulder” courses, you may receive an additional $25.00 discount off each tuition by entering the following coupon code during registration: AUGUST2017*

Within 10 business days, send cash or check payments, payable to Emory University to:
Ella Pollard
Emory University DPT School
ATT: Ortho PT Residency
1462 Clifton Road, NE
Suite 312
Atlanta, GA 30322

Register Now!
https://form.jotform.us/71454382184155

Registration closes on Friday, August 11, 2017.